



Subject: Ladders

Tool Box Talk No.: 017

Work may only be carried out from a ladder when the job is of short duration and can be done safely.

Never overreach at the working position.

Before using a ladder, inspect it to see that it is not damaged. Check for splits or cracks in the stiles and rungs. See that none of the rungs are missing or loose. It should not be painted as paint can hide damaged parts. Only industry standard ladders must be used. Check to ensure it has been placed the correct way up.

Never attempt to repair damaged ladders.

Ladders should be set on a firm base, resting at an angle which is not too steep and not too flat. Rule of thumb 1 out for 4 up.

If the ladder cannot be tied at the top, it must be fixed at the bottom or a second person must foot the ladder before it is used.

When ladders are finished with, either board them up or remove them to stop children playing on them.

Don't use ladders for run ups.

Don't drop ladders.

Ensure your footwear is free from excessive mud or grease before you climb the ladder.

REMEMBER - THE VAST MAJORITY OF LADDER ACCIDENTS OCCUR BECAUSE THE LADDER IS NOT TIED AT THE TOP.



